



## Next SJNA Meeting

Tuesday, February 6 @ 7:00 pm Online  
Zoom Meeting - link on website

### AGENDA

1. Welcome & Introductions (5 mins)
2. City Neighbourhood Liaison Update (10 mins)
3. City Council Liaison Update (20 mins)
4. Chair/Co-Chair Update (5 mins)
5. Treasurer Update (5 mins)
6. Neighbourhood Engagement Update (5 mins)
7. VCAN Meeting Update (5 mins)
8. Greening Committee Update (10 mins)
9. CALUC Update (10 mins)
10. Bank Street School Committee Update (5 mins)
11. 'Around the Neighbourhood' (15 mins)
12. Open Discussion (15 mins)

## Next Plastics Recycling

*Every second Saturday of the month*

Saturday, February 10th  
10am—12pm

Bank Street School parking lot  
(Bank Street + Leighton)

Go to [southjubilee.ca/recycling](http://southjubilee.ca/recycling) for a list of accepted materials. Please make sure your plastic is CLEAN. Dirty plastic can't be recycled.

Payment is by donation. Thank you!

## Volunteer Opportunities

Meet new residents through volunteering a few hours a week with SJNA! Contact us at [engage@southjubilee.ca](mailto:engage@southjubilee.ca) to learn more about volunteering, or look for volunteer opportunities on Facebook, Instagram, or in our email newsletter!

## Trees for Free in South Jubilee!

Coolkit is the citizen based initiative to combat climate change, led by Dawn Moorhead, who also spearheaded the Victoria Coolkit initiative downtown.

Earlier in the fall of 2023, a group of neighbours in South Jubilee got together to discuss and rate how each of our blocks, and our own homes, score on the climate change scale. Many ideas to improve our neighbourhood came out of these workshops.

As mentioned in our last newsletter, the first project our Greening Committee and Coolkit group decided on is applying for City of Victoria grants to distribute free trees to be planted in private gardens in South Jubilee.

We will focus on drought resistant trees and food trees/fruit trees. Any South Jubilee resident can apply for a tree. Applicants must provide their names and address. Once SJNA receives the grant to purchase trees, applicants will be notified and we will proceed on a first come, first serve basis to distribute trees.

*More details to be shared at the upcoming SJNA meeting on February 6th!*

Members of the Coolkit group and Greening Committee group are planning a series of lectures on sustainability in 2024, educating the neighbourhood and surrounding community on available grants and other initiatives to reduce the carbon in our homes and increase energy efficiency. These lectures will be advertised on our website and social media, and in this newsletter. Keep an eye out for updates!



For more information,  
contact us:  
[engage@southjubilee.ca](mailto:engage@southjubilee.ca)

## The Power of Placemaking

*Read on to learn about a great online resource to explore, connect, and take action on placemaking initiatives that make your community a wonderful place to live!*

**Canada's Placemaking Community** ([placemakingcommunity.ca](http://placemakingcommunity.ca)) is a project of the Healthy Communities Initiative. As an online network and resource, it supports placemakers and community projects across Canada. If you are a community builder, local leader, urbanist, activist, placemaking practitioner, or just someone who cares about your local community – this website is a must visit!

Across Canada, community placemakers are working to build resilient, connected, and vibrant public spaces. On their website, check out the Community Stories Blog and Placemaking in Action resource to learn more about the creative and innovative ways that placemaking is happening across the country – and get inspired in the process! Canada's Placemaking Community is devoted to:

### Sharing Inspiration

Help the public learn and discover how placemakers across Canada are building vibrant local communities and creating a sense of belonging.

### Facilitating Knowledge Exchange

Creating and sharing a crowd-sourced resource library to support, inspire, and help bring community placemaking projects to life.

### Connecting

Fostering a network of placemakers and community-builders across Canada who are committed to building vibrant and accessible public spaces.

### Amplifying

Facilitating greater access to local events and gatherings across the country in order to bring people together.

*"The surest way to make great public spaces is Placemaking—the conscious act of fostering communities that allow everyone to thrive, prosper, and enjoy themselves in inspiring settings" Build Back Better, Together (Kent, Madden, & Davies, 2021)*

Need more information? What makes a place great? Another resource on placemaking is the **Project for Public Spaces: [pps.org/article/grplacefeat](http://pps.org/article/grplacefeat)**

**Reference:** [placemakingcommunity.ca](http://placemakingcommunity.ca)

## Community Bulletin Board

**Looking for something in South Jubilee? Connect with your community to find what you need! Visit our website to browse 'want ads' or post one of your own:**

**[www.southjubilee.ca/community-bulletin-board](http://www.southjubilee.ca/community-bulletin-board)**

### **How to post an ad:**

Send us a message in the form on our website, via our Facebook or Instagram, or email [engage@southjubilee.ca](mailto:engage@southjubilee.ca) to make a request.

There is no charge for this service. This is a volunteer endeavour to support our local community members. Please note all post content is subject to review prior to posting.

## Local Business Highlight: Vibes Fitness Oak Bay

*Last year, I noticed a poster advertising **Vibes Fitness Oak Bay**, located in the commercial office building behind the Fort St Canada Post office. Recognizing my laziness when it comes to exercise, finding a studio within a 5-minute walk of my home seemed promising. The trainer, Elliot Raymer, introduced me to the programme and offered a fitness test before suggesting a suitable class as there are multiple sessions provided for all ages and fitness levels. He was friendly, professional, knowledgeable and backed by multiple fitness and health-related certifications.*

*Since last summer, I have attended his 20-minute classes 5 days per week. Class size never exceeds 5 people and is often less, which means that Elliot is very focused on each person's ability and form. The classes are varied after the initial warm-up and structured to provide a full body workout. It is a great way to start the day and over time, I noticed an improvement in my flexibility and experienced relief for the typical aches and pains that come with aging, thanks largely to the emphasis Elliot places on stretching and core exercises.*

*If you are not familiar with Vibes Fitness and are interested in learning more, visit [vibesfitnessoakbay.ca](http://vibesfitnessoakbay.ca) or stop by the studio weekdays between 7:30 AM and 3:00 PM at 1821 Fort Street.*

*- Marc Craig, South Jubilee Resident*